

Old Lyme



Events

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Volume 6 • Quarter 2 • 2012



In this issue
First Selectwoman's Corner
Old Lyme's Midsummer Festival
Rogers Lake - Life in the Past Lane
Lymes' Youth Service Bureau
Lymes' Senior Center
... and much more

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TECHNOLOGY WITH A HUMAN TOUCH

Selectwoman's Corner

As the leaves on the trees come into full bloom, and the flowers blossom, we prepare for what promises to be a busy summer in Old Lyme. Throughout this spring, we have been working on many issues that have kept us busy.

BUDGET: The Board of Finance finished the painstaking task of developing the proposed budget for FY 2013. A public hearing on the budget was held on April 16, 2012, with the vote on May 21, 2012. The Total Grand List increased slightly by .43%, and the mill rate will increase from 18.8 to 19.25. On the town government side, both the General Government and Capital Outlay have decreased slightly, while the Regional District #18 budget saw an increase due to debt service. A BIG THANK YOU goes to the Board of Finance members who put in so many volunteer hours to hammer out this very acceptable budget.

TOWN WOODS FIELD MAINTENANCE: As many people know, for the past year, the fields at Town Woods have been maintained without the use of pesticides or synthetic fertilizer, but we did not have a clear plan for organic treatment going forward. A discussion on organic treatment was presented on March 21, 2012 by Todd Harrington of Harrington's Organic Lawn Care. The presentation was informative and helpful, and well attended by interested citizens. Dr. Jerry Silbert, Executive Director of the Watershed Partnership, a 501(c) (3)

organization that supports pesticide free lawns and fields, has been instrumental in developing a plan for quality care through the 2012 season. Thanks to Ron Tyler, Country Lawn and Garden, who has agreed to collaborate with us, we will move forward with planned applications of fertilizer, as well as overseeding and aeration to give our fields an excellent chance to thrive.

LCRVCOG: On April 23, Old Lyme became the 11th town to ratify the vote of the Lower CT River Valley Chief Elected Officials to form a Council of Governments. As the vote requires ratification of 11 out of the 17 towns, Old Lyme's ratification made the creation of the Lower CT River Valley Council of Governments official. This means that the two regional planning agencies – CT River Estuary Regional Planning Agency (CRERPA) and Mid State Regional Planning Agency (MSRPA) – become one Regional Planning Agency. It is expected that




First Selectwoman
Bonnie Reemsnyder

continued on page 4


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East Lyme Pediatric Clinic is pleased to announce a new addition to our practice. Please join us in welcoming Dr. Lauren Kopyt to our family. Dr. Kopyt is board certified in Pediatric Medicine and looks forward to providing the best quality care and support for you and your family. East Lyme Pediatric Clinic has served the Old Lyme community for

the last 13 years. We have a warm and personal atmosphere. Dr. Kopyt is currently accepting new patients. Please call 860.739.7444 to schedule an appointment.

**Sajda Malik, MD
Lauren Kopyt, MD**

**Jessie Brutus, MD
Sonia Stavens, LPN**

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• *Selectwoman's Corner continued from page 1* •

the remaining towns will ratify and become members, giving us a total of 17 towns. This will be an advantage to the new agency as we are the first organization to consolidate, making us eligible for funds that are available to support the cost of merging into one agency. In addition, our communities are not subject to future consolidation at the mandate of the state. As always, Old Lyme has successfully been a part of creating our own destiny, rather than waiting for mandates from the state. In addition, we are delighted to announce that Linda Krause has accepted the position as Executive Director of the new COG.

FACILITIES COMMITTEE: Like any town, Old Lyme has many buildings and properties that require ongoing maintenance and oversight. In order to assure that our assets are well cared for, we have established a committee that will meet regularly to develop a database, complete with information on all mechanicals and major components, as well information on maintenance and anticipated life spans. Once completed, the committee will use the database to develop a long term strategic plan for maintenance and replacement of components. Thanks are due to the committee members for their efforts in pulling the information together and helping to establish a procedure that will guarantee that needed maintenance will not fall through the cracks.

SAFETY COMMITTEE: State law requires that each municipality create a Safety Committee that addresses training and procedures to assure our employees have the benefit of a safe

working environment. Under the guidance of Chairman Don Bugbee, our revitalized Safety Committee has met monthly to take on their task, even though the requirement is quarterly meetings. They have taken their charge very seriously, and with the help of our CIRMA representative, Paul Gillis, we hope to be a model town for others to follow. In May, our good neighbor, East Lyme invited our staff to attend their Health and Safety Fair, held at their Field Services Building off Colton Road. It was an impressive event, complete with vendors who support health and safety, as well as demonstrations and great food. In future, there is a good possibility that Old Lyme will work hand in hand with surrounding communities to collaborate on events like this, but for now, we thank them for including our staff in their excellent event. You can check out the minutes of our Safety Committee – from the home page of our town website – “Click here for all Minutes and Agendas”. Scroll down and you will find the Safety Committee listed. Kudos and thank you to the Committee for their hard work.

ANTI-BLIGHT COMMITTEE: The inaugural meeting of the anti-blight committee was in March of this year, and the committee is reviewing anti-blight ordinances in other towns within Connecticut. Once their work is completed, they will make a recommendation to the Board of Selectmen on the potential need for an additional ordinance. Thank you to the members of the committee for their hard work on this important task.

continued on page 6



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GUESS WHAT???

Brian has been named a FIVE STAR Real Estate AgentSM FOR THE SECOND YEAR IN A ROW!!!!



Yes! He was named a FIVE STAR Real Estate agent, AGAIN!!! Of course this is great news for us...but what could it possibly mean to you, you ask? Good question, you should ask it. Here is why this is important to anyone who needs to sell their home and/or buy a new home...**It means you should work together with Brian (and Leslie too).**

Here's why - The award is only given to agents who have scored highest in client and industry peer based research, conducted by an independent company. Given to just 7% of real estate agents in any market area and just under 3% earn this award for two or more consecutive years. Real Estate agents are not able to "buy" their way onto the list, but are evaluated by consumers and industry peers on 9 criteria: customer service, integrity, market knowledge, communication, negotiation, closing preparation, finds the right home, marketing of home, and overall satisfaction.



TRANSLATION: Clients who actually worked with Brian in the past year (2011) said he was excellent to work with. Clients who worked with Brian in 2010 said the same thing! He does a great job for his clients and they are happy to tell others about his service and skills. (P.S. - Thank you clients!!) So if you work with Brian you will be working with a great Realtor who will help you every step of the way to get your home sold or find the new home that is just right for you.

Brian Jermaine, ABR, ASR, CRS, ePRO, GRI, SRES, SRS
Broker/Owner
Brian@TeamJermaine.com

Leslie Jermaine, ePRO
Realtor
Leslie@TeamJermaine.com



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www.TeamJermaine.com

• *Selectwoman's Corner continued from page 4* •

MIDSUMMER FESTIVAL: Plans for our annual Midsummer Festival are well under way. The Festival will be held on July 27 & 28, from the Bee & Thistle Inn south to the Village Shops. The annual event draws many of our own citizens, as well as tourists from far and wide. Mark your calendar, and join us for a wonderful Old Lyme tradition! Unfortunately, due to the ongoing construction on the grounds of District #18, we will not be able to have fireworks for this summer event.

VOLUNTEERS: With all of the reports on the above committees and endeavors, it should be apparent to everyone in our community that we could not accomplish all that we do without our volunteers. When we include the numerous

Boards and Commissions, staffed primarily with unpaid volunteers, you get a sense of the importance of the time and effort of a multitude of individuals. While other towns face the same reliance on the goodness of citizens, we are blessed to have so many individuals who continuously step up to the plate to offer their expertise, intellectual deliberations and time to the benefit of our community. Old Lyme would not be what it is today without their help. If you would like to offer your expertise and time, there are always jobs to be done and tasks to be accomplished. Consider joining the many who make Old Lyme thrive. In the eyes of the Board of Selectmen – you are all Citizens of the Year, and we thank you for all you do.

DON'T FORGET - TAKE THE TIME TO SUBSCRIBE! We continue to try to increase our number of subscribers to the website, which is the FASTEST way to get information on what's happening in town hall. Please take the time to subscribe to our website by going to www.oldlyme-ct.gov. Scroll all the way down, and in the bottom right corner, click on Email Subscriber. Once you enter your email address, you will get all published News and Announcements.

On behalf of the entire Board of Selectmen, I congratulate the Lyme Old Lyme Class of 2012, wishing you success in all you do, and we wish everyone a wonderful summer season.

— *Bonnie Reemsnyder, First Selectwoman*



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M9118711 \$2,995,000
Ellen Henderson 860.961.9643



Niantic: Fabulous 1995 4BR, 3.5 bath shingle style home in Old Black Point. Enjoy spectacular views of L.I. Sound & Fishers Island. Professionally landscaped on just under 1 acre with 10 foot right of way to Long Island Sound.
M9132039 \$1,995,000
Jamie Childs 860.501.2110



Niantic: Best of both worlds! This property can be your private residence or use part of it as a very special Inn. Winner of the Best of New England in Yankee Magazine. Renovated to keep its purity & integrity. Also available for lease, please call!
M9131416 \$829,000
Mariette Woolfson 860.883.3667



Old Lyme: Stunning Matson Ridge traditional 3750 SF home perfectly sited on a large professionally landscaped lot at the end of a cul-de-sac. Offers 4 bedrooms, 3 baths, 2 fireplaces, numerous custom features, meticulously and lovingly maintained.
M9134130 \$825,000
Colette Harron 860.304.2391
John Garufi 860.510.6804



Lyme: Designed by noted architect, this dramatic waterfront home has a contemporary flair with views and access to an inlet of Hamburg Cove, perfect for small boat activity. Sunlit rooms and open, flexible floor plan are hallmarks of this stunning home.
M9124803 \$795,000
Jennifer & Jane Associates 860.227.6634



East Lyme: Stunning! This magnificent custom built brick home is located in desirable Dean's Ridge. Hardwood floors, crown molding, geothermal heat, central air. Professionally landscaped gardens. Spacious open flowing floor plan. Superb craftsmanship throughout.
M9134562 \$685,000
Jamie Childs 860.501.2110



Old Lyme: Few steps to beautiful White Sand Beach from this 4BR well maintained cottage with water views. Large lot will simplify year round conversion. Recently updated electric, roofing and siding. New septic and well. Large kitchen, DR, LR, enclosed porch.
M9131814 \$499,000
Joe Kelly 860.287.1222



Niantic: Immaculate detached cape style 55+ condo with first floor bedroom and laundry. Remodeled kitchen with granite countertops and pass through to dining area. Large basement for workshop/storage. Bright sunroom leads to private patio. Close to beaches and golf!
M9133317 \$340,000
Rick Weiner 860.227.3191



Old Lyme: Great opportunity to enjoy country living. This Ranch home on 2.17 acres offers 3 bedrooms, new master with hardwood floors, newer roof, central vac, full walkout basement with plenty of storage.
M9131750 \$315,000
Barbara Buzzelli 860.961.8617

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Town Clerk's Office

Congratulations!

We congratulate the following on their recent marriages:

Richard B. Smith & Lynn M. Misericocchi - January 7
Kevin David Vilcheck & Stacy Lee Popp - March 31
Anthony Russell Cooke & Alicia Christine Shaw - April 4
Peter Joseph Trantino & Christine Elizabeth Milano - April 7

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

Frank John Bocian, Sr.
Florence Carlson
Susan H. Christopher
Nicholas F. Coco
Francesann J. Dickson
Eric V. Fries
Richard D. Hernandez
Thomas Patrick Maloney

Lena S. Mann
Emily Nelson
Elizabeth Clark Davy Ogle
Patricia Ann O'Leary
Elsie L. Palmes
Joseph R. Sapia
Nathan Mathewson Shippee
Evelyn I. Umrysz

— Eileen K. Coffee, Town Clerk,
Vicki Urbowicz, Assistant Town Clerk

Community Sponsored Concert Series

Lymes Senior Center 2012

Thursday, July 5th: Glenn Hansen Orchestra along with Antique Classic Car Show & Shoreline Watercolor Exhibition (6:00pm to dusk)

Thursday, July 12th: Coastal Chordsmen Barbershop

Thursday, July 19th: Waterford Community Band

Thursday, July 26th: The Old Lyme Town Band

All Concerts start at 7:00 p.m.

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Tax Collector's Notice

Notice is hereby given to the taxpayers of the Town of Old Lyme that I have a warrant to collect a tax of 19.26 mills on the dollar on the Grand List of October 1, 2011. Motor Vehicle taxes are due in full July 1, 2012. Real estate and personal property bills may be paid in full on that date, however, real estate and personal property bills over \$100.00 are paid in two installments: July 1, 2012 and January 1, 2013. Partial payments are always accepted.

If the tax due, or installment due, is not paid within one month of the due date, the tax becomes delinquent and subject to interest at the rate of one and one half percent (1 1/2%):

18% per year. The minimum interest charge is \$2.00. August interest is 3%.

Questions pertaining to the assessments and exemptions should be directed to the Assessor's office at 860 434-1605 ext 218 or 219. Tax questions at 860 434-1605 ext 216.

Payments may be made at the Tax Office, Old Lyme Memorial Town Hall, 52 Lyme St., weekdays from 9:00 am to 12:00 pm and 1:00 pm to 4:00 pm, by mail: Old Lyme Tax Collector's Office, PO Box 482, Old Lyme, CT 06371.

— Judith A Tooker, Tax Collector

Exhibitions at Lyme Art Association

Summer Painting and Sculpture Exhibition and Hot Off the Presses: Representational Printmaking and Large Scale Figure Exhibition. On view from June 15 to July 29. Opening reception is Friday, June 22. An exciting collection of hand-pulled works showcasing a variety of printmaking techniques, a large-scale figure painting exhibition curated by Jerry Weiss, and our Annual Summer Painting and Sculpture Exhibition will all be on view.

Marine Art Exhibition, Life Along the River: Views from Around the World and Connecticut Society of Pastel Artists On view from August 3 to September 22. Opening reception is Friday, Aug 10, 6 - 8 p.m. Exceptional marine paintings by members of the American Society of Marine Artists (ASMA) will highlight this late summer exhibition. Paintings depicting river life will also be featured, as will work by the Connecticut Society of Pastel Artists.

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Pepsi – Giving Back to the Community

The Shoreline Community Center, Sound View, Old Lyme was selected to participate in the Pepsi Supports Surrounding Towns (P.S.S.T.) program. Through the P.S.S.T. program, volunteers from the Pepsi Beverage Company of Uncasville, CT provided labor, materials and lunch for painting the exterior of the Shoreline Community Center building on May 19.

The Shoreline Community Center is sponsored by the Sound View Beach Association, a 501(c) (3) non-profit civic organization. Funding for the Center is through donations, fundraisers and SVBA member volunteer labor.

“We are thrilled with this undertaking by Pepsi and their support to the Sound View community” said Dennis Melluzzo, President of the Sound View Beach Association.

The Pepsi Supports Surrounding Towns program is focused on towns in New England served by Pepsi Beverages Company that want and need a little extra support. Pepsi is committing many sets of hands to help by joining forces with the community — “together, we’re going to do a lot of good”

The Shoreline Community Center is located at 39 Hartford Avenue, Old Lyme.

For more information contact:
Pepsi Beverage Company of Uncasville, CT
Dave Cummings (860) 625-0637
Ryan Conlon (860) 710-5547

Sound View Beach Association
Frank Lishing, Project Manager (860) 460-5114
Dennis Melluzzo, President (860) 305-9787
info@soundviewbeach.com
www.soundviewbeach.com

For town updates & information:
www.oldlyme-ct.gov

Town Offices

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10 South Road, Niantic (under contract)349,000
1 Allendale, Old Saybrook (under contract)310,000
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Assessor's Office

The Assessor's Office reminds residents of tax relief for renters age 65 years old or totally disabled. Those Renters Rebate applications must be filed from May 15 to September 15 at the Social Services Department located at the Lyme's Senior Center. Renters must provide proof of income, disability, and utilities paid; these utilities include gas, electricity and water. To make an appointment or for more details, please call the Senior Center at (860) 434-4127.

Personal Property forms will be mailed at the end of September. Forms are due on or before November 1st. A 25% penalty is imposed on the assessed value if postmarked after November 1st.

In order for new residents in town to obtain their Veteran's Exemption on their properties, they must file their DD214 (Discharge papers) with the town Clerk before October 1.

Anyone interested in applying for Open Space, Farm or Forest must file an application (available in the Assessor's office) and present it to the Assessor between September 1st and October 31st.

Any questions, contact (860) 434-1605 Ext. 218 Walter E. Kent, Jr. Assessor or Ext. 219 Mickie Fraser, Administrative Assessment Technician. Office hours are Monday through Friday 9 a.m. to 4 p.m.

1st Annual 5K Run for Chris



1st Annual RUN FOR CHRIS 1-3-5 Oddman/Woman 5K: Saturday, June 23, 2012; Essex Town Hall. Benefits Chris Belfoure Memorial Fund at MCCF for education. Chris was a 2005 graduate of VRHS. Registration opens at 7:00 a.m. Kids Fun Run - 8:15 a.m., 5K - 8:45 a.m. Walkers' welcome. Register online: www.raceit.com/register/?event=9564.

\$20.00 (\$23.00 after June 9th). T-shirts to the first 200 applicants. Challenge yourself to this new course of rolling hills in beautiful Essex. Prizes awarded to 1st, 3rd, and 5th place in 10-year age groups. Any questions contact Robin Chapin: robinc83@gmail.com; 860-767-1541, OR Cathy Bishop: cbishop56@sbcglobal.net; 860-767-0354.

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Old Lyme Municipal Departments

Department	Contact	Phone
Animal Control	Sandra Bannon	434-3047
Assessor	Walter Kent	434-1605 x218
Board of Selectmen	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Skip Sibley	434-1605 x212
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Building	Ron Rose	434-1605 x230
Emergency Management	David Roberge	434-1605 x231
Finance	Doris Johnson	434-1605 x215
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Health	Vijay Sikand, M.D.	434-1605 x214
Information Technology	Ruth Roach	434-1605 x237
Town Historian	John Pfeiffer	434-8829
Land Use	Kim Groves, Kim Barrows	434-1605 x236
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Gary Inglis	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-2461
Registrar of Voters	Sylvia Peterson & Don Tapper	434-1605 x226
School District #18	Superintendent of Schools	434-7238
Senior Center	Sherry White	434-4127
Social Services	Town Hall	434-1605
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	John Bysko	434-3632
Zoning Enforcement	Ann Brown	434-1605 x225
Other Agencies		
Library/Passports	Mary Fiorelli, Director	434-1684
Youth Services Bureau	Mary Seidner, Director	434-7208

Diabetes Care Program Available on the Shoreline

Local shoreline residents can take advantage of diabetes care services offered by Middlesex Hospital at a new location at the Middlesex Hospital Shoreline Medical Center, 260 Westbrook Road, Route 153, in Essex.

The Middlesex Hospital Diabetes Care Program is designed to help all people with diabetes better manage their disease. Services include individual counseling by a registered dietitian/certified diabetes educator about healthy eating for weight management and blood sugar control; insulin administration; taking medications; being active and managing risks

and problem-solving related to diabetes. The program is based on the national standards for diabetes self-management education programs and is recognized by the American Diabetes Association and is accredited by the National Committee on Quality Assurance (NCQA). There is a fee for the services, but Medicare and most insurances cover services for diabetes education with the customary copay. For more information about the Middlesex Hospital Diabetes Care Program in Essex, call (860) 358-3003.

Hot Steamed Jazz Festival

Come celebrate 20 years of The Hot Steamed Jazz Festival on June 22, 23 & 24! Experience a weekend of traditional jazz right in our own back yard. Located on the grounds of the Essex Steam Train, The Hot Steamed Jazz Festival is a three-day event that will make you feel like you're in New Orleans without the travel. The festival will include several great musicians such as Galvanized Jazz Band (CT), John Banker's Riverboat Ramblers (CT), Jeff Barnhart (CT), Dan Levinson's Millennium All Stars (NY), Wolverine Jazz Band (MA), Ben Mauger's Vintage Jazz Band (PA), Heartbeat Dixieland Jazz Band (CT), Midiri Brothers (NJ), Swing Times Five (MA), Funky Butt Jazz Band (CT), Bob Seeley (MI), Sugarfoot Youth Jazz Band and the Festival All Stars led by Jon Seiger!

Proceeds from the festival benefit The Hole in the Wall Gang Camp founded by the late Paul Newman. For session times and ticket information, visit www.hotsteamedjazz.com or call 1-800-343-0003.



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Lymes' Youth Service Bureau

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Chill Out. Chill out at the LYSB after Park and Rec! Children will be escorted from OL Park and Rec Day Camp to the LYSB where they can hang out with their friends, play basketball, watch movies, games, art and crafts and much more. Snacks will be provided. This program is \$40 per week. Space is very limited. Call 860-434-7208 to register. This program is open to any Lyme/Old Lyme resident even if not in the park and rec day camp.

Week one: 6/25-6/28. Week two: 7/2-7/5. Week three: 7/9-7/12. Week four: 7/16-7/19. Week five: 7/23-7/26. Week six: 7/30-8/2.

Beach Dances. Every Tuesday from July 3 through August 21. 7:00-9:00 p.m. at White Sands Beach. Open to all Lyme/Old Lyme residents in grades 6-8. \$5.00 includes music, snacks and refreshments. Dances will be cancelled due to inclement weather. Please check www.lysb.org for cancellations.

JOB BANK. Do you need help with your lawn? Need a new babysitter? Have odd jobs waiting for attention? Call the LYSB Job Bank for names of area youth interested in working for you. (860-434-7208).


Kids who want to be listed in the Job Bank need to register at LYSB with a parental permission form available at www.lysb.org For middle and high school youth ages 12 to 18.

BUBBLEMANIA! Thursday, July 18th, 6:30 p.m. At LOLMS auditorium. Bring the family to see an extremely unique program combining high energy entertainment with artistic achievement, BubbleMania is loaded with visual comedy, quick wit, big band swing music and the untamed, often unbelievable qualities and beauty of spherical liquids. Casey Carle's creations grow from intricate and imaginative bubble art forms to "trapping" people inside bubbles! More bubble fun for the family outside before and after the show. Check www.lysb.org for details and tickets.

Friday Funtastic Lunch Bunch. 12:30 - 2:30. Ages 5 and up. \$20 per event/child includes lunch and materials. *Park & Rec campers will be escorted from the Middle School to LYSB at noon. June 29 – Everybody Hoops! Make your own hoop with Maia. July 13 – Mad Science: Space. July 20 - Mad Science: Detective Science. July 27 - Volcano making. August 3 - Make your own Lava Lamp.

Engineering Camp at LYSB. Pre-Engineering: Ages: 5-7. Kids will build cities, bridges, tunnels, and motorized cars/planes and explore the many creative possibilities of engineering

continued on page 15



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• *Lyme's Youth Service continued from page 14* •

with the LEGO® system. August 6-10, Monday-Friday 9:00 a.m. - 12:00 p.m. Location: LYSB. Contact LYSB to register at 860-434-7208 www.lysb.org. Res. \$145/Non-Res. \$145.

Engineering FUNDamentals: Ages: 8-11ish. Kids take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO® material. From racecars to Battletracks, this is a hands-on and minds-on camp suitable for LEGO® novices to "maniacs." August 6-10, Monday-Friday 1:00- 4:00 p.m. Location: LYSB. Contact LYSB to register at 860-434-7208 www.lysb.org. Res. \$145/Non-Res. \$145.

Broadway Week at LYSB. With Madhatters Theatre Company. August 13 through 17, 9 a.m. - 3 p.m. Performance on 2 p.m., Friday, August 17th. Join us for a fun week of songs and dance from your favorite Broadway shows. Ages 7 and up. Fee: \$200/week. To register contact Madhatters at 860-395-1861.

Knitting. For children ages 7 and up. Dates and time tba. Each child will be making a square that can be used for a doll blanket or rug or cape or coaster or whatever the child's imagination wants it to be. During this four session workshop children will learn casting on, garter stitch, casting off. Contact LYSB to register at 860-434-7208.

Summer Babies. Dates and time tba. Weekly playgroups for children up to age 2ish with a caregiver. Playtime, snacks,

songs, crafts, and outdoor time. Siblings welcome. Open forum for parents and children to come together at Mimi's Place, our child friendly building with adjacent playground for children to share interests and ideas. Strengthen your parent/child bond while enjoying the company of other parents. Encourage your child's awareness of self and others while developing motor skills, problem solving, personal-social, and social emotional skills. Your child will gain social and literacy skills for preschool and beyond. Space is limited please call LYSB to register at 860-434-7208.

Radiant Child Yoga. Tuesdays: June 19 & 26, July 10 & 17. 9:45-10:30 a.m. for ages 4-6 years. 10:45-11:30 a.m. for ages 7-12 years. Children love yoga! With Debra Carberry, LMT. Children will learn to tune into their bodies, gain self-esteem and control, increase flexibility and how to control stress through breathing and meditation. \$15/class. Contact LYSB to register. 860-434-7208.

Infant Massage Class. 5 Mondays: June 4-July 2, 10-11:15 a.m. Babies 3 weeks to pre-crawling with parent/caregiver. You, the parent will learn to massage your baby during this five week class. Learn a full massage routine, comfort touch and gentle movement techniques that promote positive bonding, stimulation, relaxation for both baby and parent, and communication through nurturing touch. Learn how to help your baby through colic. Each class will provide a progression of instruction of massage techniques to use at home. Each class will include time for relaxation, information sharing, and

continued on page 16

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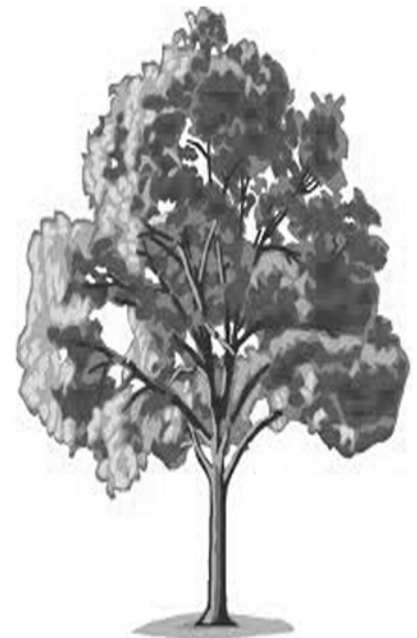
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Lyme Art Association

Celebrating Lyme's Beauty: Paintings of Clucas Field Paint Out and Exhibition

The 2nd Annual *Celebrating Lyme's Beauty* event, co-organized by the Lyme Art Association, Lyme Land Conservation Trust and the Lyman Allyn Art Museum, will showcase paintings of Clucas Field on Brush Hill Road in Lyme.

This themed exhibition will be displayed in the Lyman Allyn Art Museum's Glassenberg Gallery from June 1st through June 30th, and then travel to the Lyme Art Association for a second display period from July 7th through September 3rd.

Susan Ballek, the Lyme Art Association's Executive Director says, "This is a fantastic partnership between three local non-profit organizations, each with a connection to Lyme's remarkable landscape. The Lyman Allyn Art Museum's permanent collection of Lyme Impressionist paintings provides wonderful inspiration for the participating artists, the Lyme Land Conservation Trust's commitment to preserving Lyme's open space makes the Paint Out in beautiful Clucas Field possible, and the ability of the Lyme Art Association's artists to capture the landscape's natural beauty through plein air paintings will make this a spectacular exhibition."

For more information about *Celebrating Lyme's Beauty*, including how to participate in the exhibition, please visit www.lymeartassociation.org.



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• *Lyme's Youth Service continued from page 15* •



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allows time to meet and talk with other parents and caregivers. Taught by Mary Lou Rice OTR/L, LMT Certified Educator of Infant Massage. Fee: \$65 includes handouts, and organic massage oil. Pre-register by calling LYSB at 860-434-7208 x0.

Holistic Moms Network. For parents at all stages of parenting who are interested in green living and holistic health. Monthly meetings on a variety of topics. Open to all in New London County.

Make & Take. Plant your own herb garden guided by Teri Smith. This gathering will take place at Smith's Acres ~ 4 West Main St.~ Niantic CT.

Nutrition: Dairy & Gluten: Katie Jeffery-Lunn, MS, RD, CSSD, CD-N, LD-N from FitNutrition, LLC will join us to talk about nutrition and answer your questions on dairy and gluten at LYSB. July 2, 7:00 p.m. at LYSB

Frozen Social! A casual gathering with time to sample organic frozen desserts from our area at LYSB at 7 p.m. Aug. 6.

Harvest Moon Family Potluck Supper. Bring your favorite summer or harvest dish for all to enjoy. A child-friendly make-your-own Ice Cream project will be provided after dinner. At LYSB from 5-8 p.m. Sept. 3.

Yoga for Teens and Adults. Thursdays, 7pm - 8pm, year round. Relax and restore your mind, body, and spirit. Wear comfortable clothing and bring a mat. \$10/class, drop in. Taught by Joanie Fitton.

MORE SUMMER FUN! Check the LYSB website for additional programs including CPR, playgroups, American Girl workshops, Basketry, Fancy Nancy, and more...www.lysb.org, 860-434-7208.

Exciting Whites for Summer

Summer is just around the corner and it is time to start planning on enjoying great times with friends and family. Whether it be picnics, the beach, barbeques or just relaxing on the deck at home, there are always exciting summer wines to enjoy with your festivities. Although Chardonnay and Pinot Grigio are very popular, there are other very interesting and tasty whites worth experimenting with.

One of the lightest whites is from Portugal and is called Vinho Verde, meaning "Green Wine," and is meant to be drunk young. It is a very light and refreshing wine with a small amount of effervescence. This type of wine is low in alcohol and fairly inexpensive.

Austria produces a popular white called Gruner Veltliner which is grown in over one third of their vineyards. This wine is medium-bodied with a dry finish and can also take on some spicy qualities. Over time it will develop into a fuller wine, much like a White Burgundy from France.

Up and coming is the varietal Chenin Blanc, a grape that has been around for a long time. Chenin Blanc has been growing in popularity in California and is known as Vouvray in France, which is the appellation where it is grown and produced. Chenin Blanc from these regions are soft and fruity. If you try a Chenin Blanc from South Africa however, you will be presented with a crisper, dryer finish with a small complexity of fruit. This grape is typically used for blending but is becoming more common on its own.

All of these wines are perfect to pair with seafood dishes, salads, cheeses and lighter meals, or just as a refreshing treat on a hot summer day. The next time you are looking for a white wine try something new, you just may be surprised at what you find!

— Art LiPuma, Manager,
SeaSide Wine & Spirits



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Summer Happenings at Lyme Academy College of Fine Arts

The Class of 2012 may have graduated but Lyme Academy College is far from quiet over the summer. We offer a wonderful range of Pre-College and Continuing Education programs throughout the summer months, so why not join us and discover the artist within you?

Six new summer workshops are being held that are sure to inspire a creative spark. Each workshop lasts one week, Monday through Friday from 9 a.m. to 5 p.m. and is designed for adult and high school students.



Mrs. Beasley will be the focus of an upcoming workshop.

An intensive, weeklong workshop focused on creating a sculpture from direct observation of an animal is expected to be an especially popular course. Participants will spend a full week on site at Goose Down Farm in Hadlyme, learning how to sculpt the delightfully-named camel, "Mrs. Beasley." This workshop, taught by Lyme Academy College alumnus



Lyme Academy College of Fine Arts.

and winner of the 2010 Excellence in Sculpture award, Adam Matano, will help students deal with some of the challenges faced when working directly from a model that does not want to sit still. Armatures will be provided ahead of time so that the entire week can be spent outside on the farm sculpting and observing camels.

Back indoors at the College, artist David Thorn Wenzel, illustrator of "The Hobbit" graphic novel, will present "Creating Images from *The Hobbit* and other Tolkien-inspired

continued on page 19

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• *Lyme Academy College continued from page 18* •

Characters," a unique course exploring Tolkien's writings through art. Or perhaps you would like to learn how to keep a field journal by observing and recording the natural environment in "Ecological Field Drawing," a course in which you will work indoors and outdoors.

Those enrolled in "Figure Sculpture in Repoussé" will create a finished figure sculpture in repoussé, an exciting method developed as an alternative to bronze casting. Another workshop, "Watercolor," serves as both a basic introduction and a refresher to watercolor painting. Finally, "Experiments in Representation and Figurative Painting," is a hands-on, studio-focused course offering participants the opportunity to use whatever paint medium they choose.

During the summer, the College also offers an extensive range of Pre-College classes for students aged 15 to 18 who wish to explore and expand their artistic abilities and portfolios. Our acclaimed Pre-College Portfolio Development Program is a five-week program divided into weeklong, three-hour courses. Students can register for one to 10 courses, which can be taken in the morning or afternoon. For a detailed schedule and more information about all summer classes, visit the College's website at www.lymeacademy.edu.

Two College members have recently been honored in the art world. Lucian Goff, a junior at the College, was awarded first place in the prestigious Stewardson Sculpture



Lyme Academy College of Fine Arts.

Competition held at the Pennsylvania Academy of Fine Arts (PAFA). This annual figure modeling competition is open to students from five east coast art academies plus PAFA, and emphasizes the figure's significance in sculpture.










Nancy Peel Gladwell, Associate Professor of Painting and Foundation at the College, was recently named a winner in the EXPO 30 national juried competition. Her work was selected from over 1,000 applications and exhibited at the b.j. spoke gallery in Huntington, N.Y. The juror of the contest was Margot Norton, Associate Curator of New Museum, N.Y., and formerly of the Guggenheim Museum, N.Y.

continued on page 21

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Florence Griswold Museum

On Hudson: Highlights from the Albany Institute of History and Art. June 15 - September 23. The Albany Institute of History and Art's rich collections include extraordinary portraits and material culture by Dutch settlers, one of the nation's preeminent groups of Hudson River School landscape paintings, and contemporary works that exemplify the region's ongoing artistic legacy.



*Robert Havell, The Steamer Clermont, 1840.
Albany Institute of History & Art*

The Florence Griswold Museum celebrates Connecticut's **Historic Garden Day, Sunday, June 24.** Visit the gardens and landscape that inspired a generation of artists. Enjoy refreshments on Miss Florence's porch. Get creative and pick up all the painting supplies necessary to make your own masterpiece in the garden or down by the river. Have lunch at Café Flo. Garden-fresh, family-friendly menu items from \$5 to \$15. Grounds admission is free; regular admission applies for historic house and gallery. At 2 pm join master storyteller Tom Lee in the Rafal Landscape center for a colorful bouquet of garden and garden-related tales suited for the whole family. Check www.cthistoricgardens.org for details on activities for all 14 of Connecticut's Historic Gardens.



*Gardens Day at Florence
Griswold Museum.*

Party "En Plein Air" with Jamie's Junk Show. Friday, July 13, 6:30 p.m. \$35 (members \$30). From Jimmy Buffet to Johnny Cash, Jamie's Junk Show will transport you to that endless summer kind of place. Drinks and light fare.



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Deadline for the next issue of
OLD LYME EVENTS
 is August 14, 2012.

• *Lyme Academy College continued from page 19* •

The College will be participating again in Old Lyme's Midsummer Festival on July 28 and 29. We will host an opening reception on Friday, July 28, from 5 to 7 p.m. for a special exhibition, "Finnegan's Farm: Then and Now," in the Sill House Gallery and "Selected Student Work" in the Chauncey Stillman Gallery.

On Saturday, July 29, there will be an exciting selection of musical entertainment from 11 a.m. to 3 p.m., including hometown singer-songwriter Molly Bowers, *Celtic Ceol* and *The Modern Riffs*. At 1:30 p.m., nationally acclaimed author Regina Barreca will give a talk and host a book-signing for her two recent works, *It's Not That I'm Bitter* and *Make Mine a Double*. The College will also be hosting a used book sale reflecting a variety of art and non-art subjects, refreshments provided by the College Café *al fresco* and the Lyme-Old Lyme Lions, and an Information Table about the College.

If you're thinking about pursuing a fine arts education, please come visit our beautiful campus where you will receive all the information you need about the BFA degree, and Post-Baccalaureate and Three-Year certificates - or call our Admission Department at 860.434.5232.

If you would like to be a part of the College without taking classes, volunteer opportunities are available in many departments. Please call Ann de Selding at 860.434.3571 ext. 117 or email her at adeselding@lymeacademy.edu.



Students eating outside at Lyme Academy College of Fine Arts.

The College's Chauncey Stillman and Sill House Galleries hours are open to the public Monday through Saturday from 10 a.m. – 4 p.m. Admission is free. Our well-equipped Art Store is also open to the public.

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Long Island Sound Caucus Forms to Protect Sound and its Resources

A dozen legislators who represent shoreline communities have come together in bipartisan cooperation to form a steering committee whose purpose is to steward, preserve and protect the magnificent natural resource that we all share - Long Island Sound. Six state senators, five state representatives and myself are working together as the Long Island Sound caucus to address the regional needs and issues confronting this shared natural resource.

Long Island Sound is a vast watershed which is home to 8 million people. It is an economic engine of equally vast proportions generating nearly \$10 billion per year in recreational and marine commerce. Long Island Sound is regarded as Connecticut's premier natural resource. The goals of the Long Island Sound caucus will focus on the economic, maritime and environmental dimensions of the Sound, and how best to frame public policy initiatives that affect and protect this important body of water.

As a maritime corridor of commerce, policy making for Long Island Sound must address dredging, clean water initiatives and the shellfish industry. Environmental issues are prominent in balancing commercial and recreational usage. Long Island Sound is environmentally vulnerable.



State Representative Marilyn Giuliano

Water quality, storm water runoff and pollutants that threaten its watershed demand proactive interventions that will sustain the Sound's ecosystem.

As a shared resource with New York, the Long Island Sound caucus seeks to engage our regional neighbor in bi-state cooperative initiatives protective of the Sound.

As shoreline residents were so vividly reminded last fall during Tropical Storm Irene, living along the shoreline embraces risks and the need for improving storm preparedness. The Long Island Sound caucus seeks to protect the Sound's beaches, and businesses, and to protect private property and homeowner rights.

In protecting and preserving this statewide treasure that is Long Island Sound, the caucus has many challenges ahead. Our goal is to enhance the natural resources, recreational, wildlife, commercial and economic interests of this invaluable watershed.

— *State Representative Marilyn Giuliano*

State Rep. Marilyn Giuliano represents Lyme, Old Lyme, Old Saybrook and Westbrook in the Connecticut General Assembly.

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OLD LYME NEWCOMERS' GUIDE

Welcome to Old Lyme!

On behalf of *Events Magazines*, welcome to Old Lyme. Whether you are new to Connecticut or just new to Old Lyme you will find wonderful people and places to visit in town. From the Old Lyme Midsummer Festival to the Holiday Tree Lighting & Carol Sing, Old Lyme has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and “Buy Local” – we do!

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 OLD LYME VISITING NURSE (860) 434-7808
 OLD LYME HISTORICAL SOCIETY (860) 434-0684
 9 TOWN TRANSIT (860) 510-0429
 LYME/OLD LYME CHAMBER
 OF COMMERCE (888) 302-9246
 LYME/OLD LYME JR WOMEN'S CLUB (860) 501-9773
 DEMOCRATIC TOWN COMMITTEE (860) 434-2271
 REPUBLICAN TOWN COMMITTEE (860) 434-0740
 LYME ART ASSOCIATION (860) 434-7802

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 CENTER SCHOOL (860) 434-7838
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 WILLIAM PITT SOTHEBY'S (860) 767-7488
 WILLIAM RAVEIS - BETTY MARTELLE (860) 333-7117

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VALLEY-SHORE YMCA (860) 399-9622

Want to be listed on the Newcomers' page?

Call Betty Martelle at (860) 333-7117

Old Lyme's Midsummer Festival

Old Lyme's Midsummer Festival, a highly anticipated summer event, is a town-wide celebration of the arts held Friday and Saturday, July 27 and 28. Since the early 20th century, Old Lyme has been known to artists and art lovers alike as a haven for the arts.

of Fine Arts, Studio 80 + Sculpture Grounds, and the Shops of Lyme Street. Lyme Street. A free shuttle bus will travel between these locations from 9 a.m. to 3 p.m.

On Friday, July 27, the evening begins with a three receptions from 5 to 7 p.m., all with free admission. At the Lyme



Enjoy Connecticut-grown flowers, fruits, vegetables, breads, fine cheeses, herbs and specialty foods in a setting modeled after outdoor markets in French villages at the Florence Griswold Museum. Come see who's new and visit old favorites.

The Festival takes place in the heart of Old Lyme's historic district, with activities spanning six locations along Lyme Street: the Florence Griswold Museum, the Lyme Art Association, the Old Lyme Inn, the Lyme Academy College



On Friday night, enjoy a free concert by River City Slim & The Zydeco Hogs!

Art Association enjoy music, refreshments and hundreds of works of art to admire, now filling two floors of the historic gallery. At the Lyme Academy College of Fine Arts, visitors view the special exhibit, *Finnegan's Farm: Then and Now*, a celebration of art and place featuring College alumni and friends over the past 20 years. At the Florence Griswold



Does your dog have the best smile, longest tail, biggest paws? Bring them to the Florence Griswold Museum and find out! Special categories include Best Trick and Best Costume. Special Guest Judge, Jill Abramson, executive editor of *The New York Times* and author of *The Puppy Diaries: Raising a Dog Named Scout*.



A variety of creatures pose for artists and animal lovers of all ages, and Lyme Art Association members will give drawing and painting demonstrations throughout the day. Bring your own art supplies and join in the fun!

continued on page 25

Lyme's Senior Center

The Lymes' Senior Center and the Connecticut Historical Society (CHS) are teaming up to bring you *From Hula Hoops to High Fashion: G. Fox in the 1950s* on August 9th at 11:00 a.m.

Elizabeth Abbe, director of public outreach at the Connecticut Historical Society, will lead you down memory lane with a look at Connecticut's favorite department store. She will take you back, floor by floor, to the days when G. Fox was the largest privately-owned department store in the U.S.

For most Connecticut residents, the words "G. Fox" hold powerful associations. They remember a tall department store on Main Street filled with every imaginable garment, home furnishing or, domestic necessity. They recall the broad front windows decorated for Christmas or shopping trips for back-to-school clothes. They remember cream cheese on date-nut bread with mother in the Connecticut Room. Elizabeth herself, who grew up in Wethersfield, says she remembers how special it was to take the bus "uptown" to spend the day shopping with her mother at Fox's.

Elizabeth will also give you some insight into the woman who made every shopping experience a joy – Beatrice Fox Auerbach. In addition to a substantial collection of clothing,



G. Fox treasure will be displayed at the upcoming From Hula Hoops to High Fashion: G. Fox in the 1950s.

furniture, and photographs tied to the story of G. Fox, the Connecticut Historical Society houses some of Mrs. Auerbach's personal records including correspondence between the G. Fox President and First Lady Eleanor Roosevelt.

So revisit G. Fox, where the customer was always right! Bring your memories along with your favorite purchases from G. Fox. We'll have some tables for display of G. Fox treasures and time for you to share a favorite G. Fox story!

• *Midsummer Festival continued from page 24* •

Museum, visitors can view the special exhibition *On Hudson: Highlights from the Albany Institute of History & Art*.

The annual free concert from 7-9 p.m. at the Florence Griswold Museum is always a favorite and makes for a perfect summer evening. Find your spot along the Lieutenant River and enjoy the spicy musical gumbo of River City Slim & The Zydeco Hogs! Pack a picnic or pick up your pre-ordered dinner from Gourmet Galley and enjoy the concert. Menu and reservations at GourmetGalley.com. Dessert also available from Old Lyme Ice Cream Shoppe.

Saturday, July 28. A full day of activities has been planned by the Festival's partners, including art sales and demonstrations, musical performances, hands-on projects for kids, a French-inspired farmer's market, a dog parade and contest, book signings, a chef competition, shopping and more!

Partners include: Bee and Thistle Inn and Spa, Bring Our Music Back, Inc., Florence Griswold Museum, High Hopes Therapeutic Riding, Inc., Lyme Academy College of Fine Arts, Lyme Art Association, Lyme-Old Lyme Chamber of Commerce, Lyme Street Merchants, The Chocolate Shell, Cooley Gallery, Diane Birdsall Gallery, EF Watermelon, Garvin Studio, Old Lyme Ice Cream, Oriental Rugs, Ltd., Patricia Spratt for the Home, Songbird Café, Vitality Spa, Lymes' Youth Service Bureau, Old Lyme Inn, Old Lyme Phoebe Griffin Noyes Library, Studio 80 + Sculpture Grounds, Town of Old Lyme.

Visit OldLymeMidsummerFestival.com for a complete list of activities.



Participate in a variety of free hands-on creative projects provided by local cultural organizations.



*Nationally known author, humorist and University of Connecticut Professor of English, Barreca has been called the funniest woman writer in America. She will read from and talk about her two recent works, *It's Not That I'm Bitter and Make Mine a Double*, followed by Q&A. A not to be missed appearance that will make for a lively and laughter-filled event! At the Lyme Academy College of Fine Arts and organized by Old Lyme PGN Library.*

Town News

Congratulations to Kim Barrows in the Town's Land Use department for passing not one, but 3 exams for certification in CAZEO. CAZEO is the CT Association of Zoning Enforcement Officers. Completion of the courses qualifies Kim as a CT Zoning Enforcement Technician.

Dog License Notice. Dog Licenses should be paid by June 30. Fee: Male or Female - \$19. Neutered Male or Spayed Female - \$8. Penalty: Late Penalty \$1 per month.

- All dogs six months or older must be licensed and wear a collar and tag at all times.
- A dog without a tag is presumed to be unlicensed and is not protected by law.
- A tag must not be used on any dog other than the dog described in the license bearing corresponding number.
- You are liable for damage done by your dog, including damage to shrubs, flowers or trees.
- All dogs must be vaccinated against Rabies and owners must submit a certificate to the Town Clerk when licensing their dog. (Per C.G.S. Sec. 22-338).
- Owners of roaming dogs are liable to prosecution.
- When a spayed or neutered dog is licensed for the first time, a certificate from a licensed veterinarian must be presented.
- If application is made by mail, make check payable to: Town of Old Lyme and please enclose a SELF-ADDRESSED STAMPED ENVELOPE. Mail to: Town Clerk, 52 Lyme Street, Old Lyme, CT 06371.

If your dog is deceased or has moved away, please notify the Town Clerk's Office 860-434-1605 ext. 221.

Curbside trash removal is performed by Shoreline Sanitation (860-434-0052). There is no trash pick-up on the following Holidays: New Year's Day (Jan. 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), Thanksgiving Day (fourth Thursday in Nov.), and Christmas Day (Dec. 25). Trash that would normally be collected on Thanksgiving will be picked up the next day, along with the regular Friday pickup. For Monday holidays, garbage pickup will move up a day, except on Thursday and Friday, which will remain on schedule.

Please have trash container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful when positioning your container not to block breakdown/emergency lane or obstructing walkers and/or cyclists. Thank you!

Additional automated trash containers should be ordered through Michele Hayes-Finn (860-434-1605, ext. 212) in the Selectman's Office at the Memorial Town Hall on Lyme Street. Containers cost \$80.

Recycling Holidays. Curbside recycling is performed every other week by Shoreline Sanitation (860-434-0052). There is no recycling pick-up on the following Holidays: New Year's Day (Jan. 1), Memorial Day (last Monday in May), July 4th,

Labor Day (first Monday in Sept.), Thanksgiving Day (fourth Thursday in Nov.), and Christmas Day (Dec. 25). Recycling that would normally be collected on Thanksgiving will be picked up the next day, along with the regular Friday pickup. For Monday holidays, recycling pickup will move up a day, except for Friday, which will remain on schedule.

Please have recycling container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful when positioning your container not to block breakdown/emergency lane or obstructing walkers and/or cyclists. Thank you!

Single Stream Curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the new green recycling carts. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables are available on the Town's website (www.oldlyme-ct.gov), trash and recycling link on both the Selectman's and Public Works pages, as well as on Shoreline Sanitation's website (www.shorelinesanitation.com) and in the Selectman's Office at Memorial Town Hall on Lyme Street, or at the Landfill/Transfer Station. Please phone Michele Hayes-Finn (860-434-1605, ext. 212) with additional questions.

Transfer Station Hours are Tuesday-Friday, 7:30 am-3:45 pm, Saturday, 8:30 am-4:00 pm. Closed Sunday and Monday. Transfer Station is located on Four Mile River Road, Exit 71 off I-95N (860-434-2337). Bulky Waste and Demolition: Vehicles will be charged by weight at a 110/ton rate. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Load of less than 100 lbs will be charged a minimum fee of \$5. Brush will be charged on a per load basis. Grass clippings are not accepted. Please phone either the Transfer Station or Michele Hayes-Finn (860-434-1605, ext. 212) with additional questions.

Phone Michele Hayes-Finn in the Selectman's Office at the Town Hall (860-434-1605, ext. 212) to report a streetlight outage and/or trash or recycling problem. When reporting a streetlight, please make note of the pole#.

2012 Household Hazardous Waste located at Estuary Region Hazwaste Facility on Dump Road, Essex. Directions from Route 9 driving north: Take Exit 4, go straight across Route 154, over the railroad tracks and up the hill. Scheduled dates are Saturdays between 9am - 1pm on the following dates: June 2, 23, July 14, 28, August 11, 25, September 8, 22, and October 13, 27. For a complete list of acceptable and unacceptable materials visit www.crerpa.org or call 860-388-3497.

2012 Electronics Recycling is now accepted at the Old Lyme Transfer Station. Covered and non-covered electronic devices (CEDs) including computers (personal computers, mainframes, mid-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers; keyboards; mice; adaptors; stereos; speakers; VCRs; scanners, fax machines; copiers; telephones and telephone

continued on page 27

Chamber Update

Chef Dennis Young shared food preparation tips from the “new” Old Lyme Inn and Dawn Root, owner of Old Lyme Seafood demonstrated how to bone a shad at our 12th Annual Taste of the Lymes at the Lyme Art Association. Proceeds from Taste, presented in conjunction with the Chamber of Commerce of Eastern Connecticut, support our Chamber’s annual grant and scholarship program.

The event was co-sponsored by Shoreline Web News, LLC – publisher of LymeLine.com, OldSaybrookNow.com, ValleyNewsNow.com, and The Divine Wine Emporium. Other sponsors included RMB Insurance Group and Help with a Heart, LLC.

Participating restaurants and businesses included Andy’s Deli, Bureau’s Sugar Shack, Coffee’s Country Market, Deep River Snacks, *Divine Wine Emporium, Four Mile River Farm, Fromage Fine Foods, Garvin’s Store, The Grille, *The Hideaway, Hong Kong II, The Café at Lyme Academy College, Morning Glory Café, Old Lyme Ice Cream Shoppe, Old Lyme Seafood, Old Lyme Inn, Pizza Plus, Sal’s Pizza, Shore Discount Liquors, Subway of Old Lyme, Teddy’s Old Lyme Pizza Palace, All Pro Automotive, Amazing Space, Anytime Fitness, Education Resource Services, Capelli Elegante, The Chocolate Shell, Fit Nutrition, Garvin’s Beach Store, Just Dump It LLC, Florence Griswold Museum, Office Express, Pizzeria DaVinci, Sheila Wertheimer, Salon Pure, Yolo of Guilford, Lemon n’ Lyme, Reynolds Garage & Marine, Rob Rivers Salon, Sennheiser, The Yard Group (Readco), Silkworm of Essex, Shannon’s Jammin’, Total Design Source, and Meg Walton.

Watch for the Chamber table(s) at the Memorial Day Parade (we provide flags for participants) and the Midsummer Festival (we’ll supply Festival information).

Businesses are invited to participate in our Faerie Village promotion in the fall and Light Up Old Lyme activities in December. Also in the fall, we will co-sponsor a Business After Hours (on Tuesday, October 16) at the Florence Griswold Museum with the Clinton Chamber of Commerce. Please plan to join us – watch for more information as the date approaches.

• *Town News continued from page 26* •

systems; computer wire and cable; computer drives and storage devices (floppy drives, scrap aluminum; (machine and machine parts, cable extrusions, etc); fluorescent light bulbs; UPS (uninterrupted power supply) batteries; and related computer and electronic equipment.

Beach Stickers are available at the Selectman’s Office, Monday through Friday, 9am – 3pm. Price for a beach sticker is \$20 and \$15 for senior citizens. Car registration and proof of property ownership are required at time of purchase. Please note the cost for replacement stickers is \$20 unless the original sticker is returned (regardless of condition).

Taxes may be paid online at www.oldlyme-ct.gov (Online Services)

Parking Tickets can be paid or appealed at www.parkingticketpayment.com/oldlyme.

Our Lyme-Old Lyme Chamber membership is diverse: both brand new & well-established businesses of all sizes & types - gift shops, galleries, restaurants, convenience stores, & more; non-profits, attorneys, contractors, physicians, retirees, etc.

We need ideas, energy, and assistance from all our members. We want our Chamber to be a vibrant organization, responsive to the needs of our business community.

If you are interested in becoming more involved in Chamber activities, please let us know. And, if you are not a member yet, please consider joining us – membership is still only \$40. Applications are available online at www.lolcc.com. Don’t forget: BUY LOCAL!

– Catherine Frank, Lyme Old Lyme Chamber of Commerce President

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Old Lyme's First Community Earth Day

As the much needed rain poured from the sky on Earth Day April 22, the smell of freshly made pizza and popcorn, being prepared in the kitchen of the Senior Center by the LOLHS Environment Club, greeted those who braved the rain when they entered the building. As people entered the main room, they were greeted by the pictures and short bios of some of Old Lyme's best known conservationists and environmentalists from the past, as well as the messages and art work of the Earth Day posters generously on loan from Center School students of both Mrs. Sparaco's and Mrs. Williams' classes.

Linda Krulikowski's flying squirrels, snakes, and turtles drew the largest crowd and did not disappoint. One snake in particular slithered around Linda's eye glasses as she talked unbothered as if she were Medusa herself. This sight was especially remarkable because she used to be terrified of snakes.

Boy Scout Norman Maynard pitched a very large green tent where he educated folks about low impact camping. At a table next to him a steady streaming slide show of butterflies provided the backdrop for the First Congregational Church of Old Lyme Environmental Committee's information on butterflies and butterfly friendly plants. Some folks visited the tables while munching on freshly popped popcorn and pizza. Others were holding a free plant given by Kathy Connelly's organic gardening table or a sapling from the Conservation Commission's table.

Ted Crosby, who has equipped his home with solar panels, was stationed at a table with a large solar panel provided by Zelek Electric along with a petition which asks the Board of Education to reconsider the recent decision not to install solar panels at LOLHS. At the next table LOLHS students were selling tickets to their "waste free dinner" scheduled for May 16 at the high school. Tickets are a very reasonable \$5.

Bob Reemsnyder shared his expertise about how and when it is the best time and the best way to perform a radon test. Selectwoman Nosal was surprised to learn that some granite counter tops emit radon, but she was assured that the health of Old Lyme homeowners is not at risk unless they are sleeping on those countertops.

The ladies from the Land Trust, many of whom had earlier been out in the rain planting and clearing Land Trust properties, were now all dried off and had donned their Land Trust t-shirts and caps. They provided information about the Trust's history and showed a map of the parcels that the Trust has acquired. Sharing a similar mission, Kurt Zemba from the Open Space Commission showed a map of land donated to the town. The work of both these groups is vital to preserving the Old Lyme that we all call home.

Jim Tripp and his wife, Sandra, owners of the salmon raising facility called the Tributary Mill at the Lower Mill Pond dam provided remarkable still photos of salmon egg development as well as a video of all the types of fish, birds, and animals that frequent the facility when they are attracted by the spawning alewives. Roger's Lake Authority (RLA) also had its own display. Most townspeople know the lake as the place where the rowing teams practice, but many don't pay much



Onnie Kotzan, Lauralyn Lewis and Genie Copp enjoy visiting at Earth Day.

attention to the fact that it is a vital part of the aquifer system in our town. Many RLA volunteers put in countless hours to keep the lake at its best for all to enjoy. Plans are currently in the works for upgrades to Hain's Park and the dam.

As smiles, laughter, good conversation, hugs and pizza were being shared so were remembrances. Onie Kotzan, Genie Copp, Mary Jean Vasiloff, and Dave and Arnette McCulloch came out for the event that honored the efforts of their family members and spouses who have passed away. The many organizations, clubs and businesses that took part in Old Lyme's Earth Day reassured them that the work begun by their relatives was continuing with renewed energy and dedication.

— Lauralyn Lewis, Old Lyme Conservation Commission

Note: The Conservation Commission would like to thank all who participated in the first community Earth Day, those who came out to share in the fun for those few hours and the folks at the senior center for making the space available. In addition, we thank Nancy Sparaco, Leanne Williams and their students for allowing Conservation Commission members to spend time in their classroom and give them saplings in appreciation for their time and contribution to Earth Day. We all look forward to a bigger and better Earth Day in Old Lyme next year.

The Shoreline Soup Kitchens & Pantries provides food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:

www.shorelinesoupkitchens.org

The Size-Up

The consistently warm weather is almost here and your Old Lyme Fire Department wants to see everyone enjoy a safe and happy summer. Here are a few guidelines:

Water Sports

- Never leave children or vulnerable adults alone in or near a swimming pool, even for a moment.
- Adults and older family members should be trained in life saving techniques and CPR.
- If you have a pool, be sure that it is surrounded on four sides with a five foot high fence and be sure that gates latch above the reach of young children.
- Keep rescue equipment such as a life preserver and a long pole near the pool. Have a portable phone out whenever using the pool in case an emergency does occur
- Use only approved swim vests. Other flotation devices such as "floaties" give a false sense of security.

Remember, pools, lakes and beaches are lots of fun but they are also very unforgiving with regard to the weak swimmer. No matter how proficient you may be in the water, it is ALWAYS a good idea to use the buddy system.

Summer Fire Safety

Every year Americans look forward to summer vacations, camping, family reunions, picnics, and the Fourth of July. Summertime, however, also brings fires and injuries due to fireworks and outdoor grills. Just fewer than 8,600 Americans are injured annually by fireworks and almost 5,000 are injured by charcoal/wood-burning and propane grill fires. In 2010, 73 percent of fireworks injuries occurred between June 18 and July 18. Families also enjoy camping in the summer. It is important to follow the park's rules for the use and extinguishing of campfires. Summertime should be a time for fun and making happy memories. Knowing these few fire safety tips and following instructions will help everyone have a safe summer.

Fireworks Safety

The best way to protect your family is not to use any fireworks at home - period. Attend public fireworks displays and leave the lighting to the professionals.

If you ultimately decide to engage in this very dangerous activity, make sure fireworks are legal in your area and follow these safety tips:

- Never light fireworks indoors or near dry grass.
- Always have a bucket of water and/or a fire extinguisher nearby. Know how to operate the fire extinguisher properly.
- Do not wear loose clothing while using fireworks.
- Stand several feet away from lit fireworks. If a device does not go off, do not stand over it to investigate it. Put it out with water and dispose of it.
- Always read the directions and warning labels on fireworks. If a device is not marked with the contents, direction and a warning label, do not light it.
- Supervise children around fireworks at all times.

Barbecue Safety

- Before using a grill, check the connection between the propane tank and the fuel line. Make sure the venturi tubes - where the air and gas mix - are not blocked.
- Do not overfill the propane tank.
- Do not wear loose clothing while cooking at a barbecue.

- Be careful when using lighter fluid. Do not add fluid to an already lit fire because the flame can flashback up into the container and explode.
- Keep all matches and lighters away from children. Supervise children around outdoor grills.
- Dispose of hot coals properly - douse them with plenty of water, and stir them to ensure that the fire is out. Never place them in plastic, paper or wooden containers.
- Never grill/barbecue in enclosed areas - carbon monoxide could be produced.
- Make sure everyone knows to Stop, Drop and Roll in case a piece of clothing does catch fire. Call 911 if a burn warrants serious medical attention.

Campfire Safety

- Build campfires where they will not spread, away from dry grass and leaves.
- Keep campfires small, and don't let them get out of hand.
- Keep plenty of water and a shovel around to douse the fire when you're done. Stir it and douse it again with water.
- Never leave campfires unattended.

Excerpts: The aforementioned safety information was developed with the assistance of the U.S. National Fire Academy and the State of California Department of Public Health.

Until next time, stay safe out there.

— Firefighter John J. Cody , OLFD Safety/Public Affairs Officer

CT License
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Lyme Old Lyme Education Foundation

The Lyme Old Lyme Education Foundation and the Region 18 Elementary School PTO's announced an award of over \$31,000 to the Region 18 School District to fund more than half of the region's block technology grant proposal for this budget year. This will result in all children in region 18's grades 2-12 being able to access smart board technology; interactive boards which enable teachers and students to integrate multiple learning methods such as video, online animation and class notes into daily classes.

Funding came through a first of its kind collaboration between Center School PTO, Lyme Consolidated PTO, Mile Creek PTO, and the LOLEF. An additional 10 smart boards in the block grant will enable the introduction of a new K-5 Math Program for the 2012-13 school year. In addition to the smart boards, this collaboration will also enable the introduction of mobile computer labs to Lyme School and Center School earlier than originally planned.

Michael Kane, President of the LOLEF said in a statement: "Having previously funded mobile labs in the High School, we recognize the substantial benefits derived from offering broader access to technologies. We are delighted to be collaborating with the Parent Teacher Organizations in all three schools and we are delighted at how quickly they have come together to make this proposal a reality for our community".

This grant by the LOLEF is part of a new commitment by the Foundation to make its awards process more accessible and to work collaboratively to ensure larger projects being implemented in our schools and in our community in spite of budget constraints. "This grant represents the first two stages of our collaboration for Region 18's technology initiative" said Kane, "we hope to be able to fund an additional \$28,000 for the remaining two stages by the Spring of 2013 through our fundraising efforts".

"While we recognize that technology is an integral part of today's learning process, we also understand that the Board of Education faces budgetary pressures, which may slow down the introduction of these very necessary programs," said Russell Linderman, Chair of the Grants Committee. "Our goal remains to create, continue or enhance valuable educational programs above and beyond those traditionally provided by the Region 18 School District." The installation of smart boards and mobile computer labs also enables the schools to be used for wider learning initiatives for all members of the Lyme and Old Lyme communities. The LOLEF wishes to encourage all community organizations to submit grant applications that include the use of these technologies, for example in adult and senior teaching programs.

The Lyme Old Lyme Education Foundation is an independent, 501(c)(3) non-profit charitable organization established in 2006 to support and enhance public education in our community. The Foundation is governed by a volunteer Board of Directors and supported by an advisory group of members from the LOL community. Past fundraising initiatives have included the Artistry in Motion 5k Road Race and its Annual Golf Tournament.



L-R: Mike Kane, President of the Lyme Old Lyme Education Foundation, Betty Osga, Superintendent Region 18 School District, Laura Nelson, President Mile Creek PTO, Kerri Kolesnik, Co President Center School PTO, Jim Witkins, Chair of Region 18 Board of Education, Sam Zelmanow, Co President Center School PTO, Liz Frankel Co Chair Lyme Consolidated PTO and Karen Barretta, Co Chair Lyme Consolidated PTO

The Foundation is holding two fundraising benefits this year. The first is the 4th Annual Golf Tournament to be held at Shennecossett Golf Club on Monday, June 25th. Teams of 4 are invited to attend. The cost is \$140/golfer to include lunch, dinner, raffle prizes and donations are also welcomed from sponsoring organizations. Contact Mike Kane mike.kane@comcast.net to register your team.

Anyone wishing to donate to the Foundation should contact Phil Zelmanow, Chair of the Development Committee ctzelmanows@yahoo.com to discuss options, which include direct tax-deductible grants, matching funds, corporate sponsorship and legacy donations.

Salon Pure

Salon Pure, located in scenic Old Lyme, CT at 11 Halls Road was founded by Lauren Graybill in April of 2012. Lauren trained in Philadelphia for five years before moving to the Connecticut shoreline, a place she now calls home. She spent an additional eight years working in area salons until she decided the time was right to fulfill her dream, and the result was Salon Pure. Lauren and her highly trained staff have been practicing hair for 15 plus years and specialize in haircuts, hairstyles, hair color and texturing. We invite you to make an appointment to enjoy some expert pampering in a relaxing and beautiful environment where Lauren and her staff are dedicated to making their clients feel beautiful inside and out. 860-598-9032.

Rogers Lake: Life in the Past Lane

Encompassing a little over 250 acres, Rogers Lake in 2012 is a hub of activity for the residents of Old Lyme and Lyme. On the southern shore is Hains Park with its swimming beach and boathouse for the Old Lyme Rowing Association. To the northeast is a popular state boat launch for recreational boaters and fishermen. Also clustered along the lake's shores are numerous homes. However, if you drive along Town Woods Road near the southern shore of the lake, you'll pass over a small bridge straddling a brook and overlooking a dam.



Road to Rogers Lake, 1909. *Lyme Historical Society Archives, Florence Griswold Museum.*

That dam is a clue that Rogers Lake was not always as it is now.

Beginning around 1670 with the construction of the first dam, apparently to permit the operation of a water-powered gristmill for the town, and then extending for a time period of about 250 years, the area was highly desirable for manufacturing, thanks to the availability of water power made possible by local dams. Before the first dam was built around 1670, there were two ponds; the area separating them is known today as "The Narrows" (where the water is sometimes only three feet deep). When this dam was built, the two ponds were combined and became known as "The Great Pond." Later the names Rogers Pond and subsequently Rogers Lake were used, possibly named for a settler on Grassy Hill Road.

The outlet below the dam forms the beginning of Mill Brook, a tributary of the Lieutenant River, which in turn flows to the Connecticut River. Mill Brook is divided into Upper Mill Brook and Lower Mill Brook, each defined by a dam and a pond. Well into the late 1800s, the Mill Brook area around Sill Lane was the center for Old Lyme's commerce. A fulling mill, used to produce cloth, operated from 1722 to 1778. Then in 1855 the South Lyme Nail Manufacturing Company was established near where Mill Brook crosses Sill Lane near Griswold Avenue.

At the outlet of Lower Mill Pond a dam held back water that was used to power the gristmill, which operated under a series of owners until 1872. In addition to a general store and a smithy, businesses included a wool scouring plant, which the town took over for taxes and sold to Stanley Davis, who ran a furniture shop. Subsequent owners of the property from the 1940s to the 1960s were Walter Cooksley, who manufactured wooden products; a company that made lamps and lampshades; and a house and burglar alarm factory.

In the 17th century sawmills and a second gristmill were established. In 1726 a Mr. Southworth and George Hall (ancestor of Nat Hall of Hall-Mark fame) set up an iron works, which became known as The Bloomery. Crude iron ore from a swamp near Upper Mill Brook was heated and softened in a forge and then beaten into a shape known as a bloom. A 500-pound trip hammer, operated by water power, pounded the bloom to remove impurities. A smithy was established nearby to use the iron to make nails, chains, pots, and ship fittings. During the American Revolution cannons, cannon balls, gun barrels, and bayonets were made there. After the war a paper works was established, along with several cloth businesses.

A huge oak plank pulled from the brook below the dam in 1982 during the reconstruction of the Town Woods Road bridge

suggests that the original dam may have been a wooden affair. (The present dam was built in 1922 from boulders and concrete.) One story says that nearby property owners, concerned over the condition of an earlier dam, requested that the town build a new one. When the town declined to spend the money, residents undertook the construction, at which point the town took over the project. The bridge below the dam was built in 1924, apparently using rails from the former Shoreline Trolley line as supports. It was replaced after being

damaged in a 1982 flood.

The Rogers Lake area had previously included a school on the Post Road, an almshouse, and a few dwellings. Serious residential development of the community did not occur until the 1920s, when clever real estate agents used a bait-and-switch technique to prompt people to buy plots of unusable land for absurdly low prices and then draw them to more desirable higher priced lots.

— Mark Lander

The Old Lyme Historical Society's website, www.oldlymehistorical.org, contains additional historical information, as well as details about the organization's publications and activities. We also encourage you to visit the Society's office in the Genealogy Room of the Old Lyme Phoebe Griffin Noyes Library.

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Estuary Council

ESTUARY COUNCIL OF SENIORS, INC. has been serving seniors in the nine-town Estuary region for 35 years. Call us to receive our *Gazette Newsletter* or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more.

CAFÉ MEAL SITES - Old Lyme, Old Saybrook, Chester, Clinton, and Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 a.m., 24 hours in advance.

MEALS ON WHEELS – hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35.

SATURDAY FAMILY BREAKFAST at the Old Saybrook Café, 8 am - Noon. Join us on Saturdays for made to order breakfast - just \$5 per person! Menu choices include the Estuary Omelet, Pancakes, Oatmeal, or Eggs-any style. All served with home fries and bacon or sausage, juice or fruit, coffee and milk.

CLASSES AND ACTIVITIES: Billiards, Ping Pong, Yoga,

Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot, and more! Check the Gazette for all of our programs.

ESTUARY THRIFT SHOP: Hours are from 10 a.m. – 4 p.m. Mon. – Fri. and 9 a.m. – 1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available! Donations are accepted and volunteers always needed.

WINE ON THE WATER – August 9th. Proceeds benefit the Stan Greimann Estuary Medical Outpatient Transportation Service (EMOTS). Call 860-388-1611 for more information.

Donate Your Car or Boat to the Estuary Council. Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

YOU'VE GOT MAIL! - Be the first to know what is happening by getting our newsletter emailed to you. Visit our website at www.ecsenior.org and click on the Newsletter icon to follow the link and sign up! Please let us know to remove you from the mailing list once you've decided to go paperless.

VOLUNTEER OPPORTUNITIES: Call Judy at 860-388-1611.

SAVE THE DATE for our Annual Autumn on the Dock Auction - September 16th.



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The Joys and Benefits of Staying Active in Your Senior Years

We humans are social creatures. This means we have the natural desire to interact and be with other people during every stage of our lives – including our senior years. However, some seniors, through a variety of reasons, find themselves living alone with limited interaction or engagement with friends or family.

This is unfortunate since social involvement is a major component of the overall well-being and good health of any senior. Consider the 2008 study by the Harvard School of Public Health, which found evidence that elderly people in the U.S. who have an active social life may have a slower rate of memory decline. Or “The Nun Study,” which detailed how positive emotions and thoughts in life (often a result of being active and involved) are linked to less disease and lower mortality rates, and can help develop a natural immunization against Alzheimer’s disease.

These and other research illustrates that when seniors maintain an active social life, and each day is filled with purpose and friendship, seniors have a greater opportunity to enjoy a high quality of life during their retirement years. Social activity also greatly reduces or even eliminates loneliness or depression, something that affects more secluded people.

Being social is achievable through purposeful planning. Individuals can create opportunities to be with other people and be involved in groups by:

- Contacting local senior centers, church groups or other organizations that offer a schedule of daily activities
- Signing up for art, music, or physical fitness classes through the local community college or parks and recreation department
- Volunteering or mentoring at a local school, library, or museum
- Joining a local club (such as gardening, writing, reading, chess, knitting)
- Taking part in travel programs designed specifically for senior citizens
- Attending lectures at a local university or other organization

One time of day when socialization is most important is meal time – which most people share with others at least once a day. Senior citizens are encouraged to attend community meals at a senior center, church, or other organization, or to invite friends and family to dinner at a favorite restaurant, or at their home or retirement community. Additionally, seniors should try to accept invitations to join others at mealtime as often as possible.

Competitive sports are becoming more conducive to active seniors, with the growing popularity of organizations such as the Olympic-style “Connecticut Senior Games” for those over age 50. These events include badminton, table tennis, racquetball, golf, basketball, track and field, tennis, volleyball, bowling, cycling, shooting, softball, and swimming – and



Research illustrates that when seniors maintain an active social life, and each day is filled with purpose and friendship, seniors have a greater opportunity to enjoy a high quality of life during their retirement years.

athletes up to age 89 take part. Additionally, seniors can be on the lookout for competitions in art, music, gardening and more at local fairs and other regional events.

As seniors age, they may consider moving into a retirement community, assisted living residence or a continuous care retirement community (CCRC), all of which typically have suitable social and cultural programs available daily, under one roof. These communities often include some type of van or transportation service – which helps those who no longer drive maintain a level of independence. These communities also have scheduled mealtimes, so gathering with friends and family for lunch or dinner is easily accommodated (and strongly encouraged).

If there is a senior in your life – or if you are planning for your own retirement – be sure to include as much social, physical and cultural activity as you can manage. You will be impressed by the benefits, and will enjoy a higher quality of senior living!

— Kathy Ryan, Executive Director,
The Saybrook at Haddam

Kathy Ryan is executive director of The Saybrook at Haddam (www.thesaybrookathaddam.com), a 74-apartment assisted living retirement community located at 1556 Saybrook Road in Haddam (860-345-3779). The community provides independent retirement living services as well as assisted living services provided by its state-licensed Agency, and a special memory care unit.

Old Lyme Phoebe Griffin Noyes Library

Attending a program? Please register! It's simple and easy to sign up online! Having difficulty with registering? Call the Library at 860-434-1684 and the staff will be happy to assist. Online registration can be found at www.oldlyme.lioninc.org under Events.

Adults

Watercolor Classes with Local Artist, Joan Bernard. Two Sessions: Tuesdays May 8 to June 12 and June 19 to July 24. Beginners from 1:00 pm – 3:00 pm. Advanced Beginners from 10:00 am -12:30 pm. Class size is limited to 10. Class fee is \$140 per person. Experience the joy of painting with watercolors and discover the artist within you! The six week course is an introductory level class on watercolors for beginners or anyone who has done some painting previously. Participants will explore the basics of using the three primary colors.

Joan Bernard has studied fine art at Syracuse University, The Silver Guild Art Center and Lyme Academy College of Fine Arts. She has been painting in watercolor for 40 years. Joan is a member of the Friends of the Library and serves on the Art Exhibition Committee. Registration is required. Checks payable to Joan Bernard at the first class. A list of the necessary supplies is posted on the Library website. Questions? Call Joan at 860-388-1983.

Photography Classes & Workshops with Steve Nadler. May 9 to July 18 from 5:00 – 8:00 pm. Basic Photography Class, Wednesday's May 9 to June 13, 5:00- 8:00 pm . This six week course is designed to teach the skills needed to achieve your individual photographic vision by helping you better understand your camera's operation as well as composing and properly exposing your images. Classes are divided into class instruction time and field work at various scenic locations in and around Old Lyme. Class fee is \$150. Checks are payable to Steve Nadler at the first class. Required Materials: A Single Lens Digital Reflex or Point and Shoot camera. No previous photographic experience is required; however, you are expected to come prepared to operate your camera.

Fine Art Photography Class, Wednesday's June 20 to July 18, 5:00 – 8:00 pm. No class on July 4. This four session course introduces students to the techniques associated with producing Fine Art Photographic prints utilizing industry standard printing and software methods. This session is designed to help you identify and find your photographic style. (No class on 7/4)Classes are divided into class instruction time and field work in Old Lyme. Selected photographs will be printed. Class Fee is \$150 per person; checks are payable to Steve Nadler at the first class. Required Materials: Single Digital Lens Reflex or Point and Shoot camera. Some knowledge of photography and camera operation.

One Day Photography Workshops. Nikon Digital SLR Workshop, Saturday June 23 9:00 am – 5:00 pm. This full day hands-on class will teach you how to better operate the myriad of features, buttons, dials and menus. The workshop begins with class instruction & equipment demonstrations on the most commonly used Nikon equipment (D40 to the D7000 DSLRs and the SB-600 to the SB-900 flash units). The

afternoon session consists of field work on the streets of Old Lyme. Individual attention will be provided to help you successfully utilize your camera's features. The class concludes with a review, Q&A and a critique of the photos taken that day. Required Material: Nikon DSLR. Fee is \$150. Checks are payable to Steve Nadler. Lunch provided!

High Dynamic Range Workshop, Saturday July 14 9:00 – 5:00 pm. This course is an introduction to the amazing world of High Dynamic Range (HDR) imaging. HDR has developed into an important part of image work flow. The technique when applied properly will enhance your image to its full range of luminance. The most commonly used HDR software will be discussed and demonstrated. The afternoon session will include a photo tour of picturesque Old Lyme. Selected images from your tour of Old Lyme will be processed back in the classroom. Required Materials: DSLR with multiple exposure capability, a tripod and a remote shutter release. Fee is \$150. Checks are payable to Steve Nadler. Lunch will be provided!

Literature for a Lifetime, Summer Book Discussion Series Monday's May 7 to August 6 at 7:00 pm. A summer book discussion series will be presented at the Old Lyme PGN Library beginning on Monday, May 7, 2012 at 7:00 pm. What is this Thing Called Love? Why do we love to talk about love? Why do we return again to a subject that can be so maddening, frustrating, heartbreaking—and so delicious? Love, as rendered in these four prize-winning novels that turn the subject around kaleidoscopically, is never simple, never settled, forever fascinating. A four part series will offer a rebuttal to these observations by demonstrating that great writers can indeed see the amusing side of life and reflect that in their works. Co-sponsored by the Connecticut Humanities Council.

May 7, *Possession* by A. S. Byatt.

June 4, *The God of Small Things* by Arundhati Roy

July 9, *Waiting* by Ha Jin

August 6, *The Hours* by Michael Cunningham

Phoebe's Morning Book Chats. Second Thursday of the Month at 11:00 am.

June 14, *Heft* by Liz Moore

July 12, *Silver Girl* by Elin Hilderbrand

August 9, *Franklin and Eleanor* by Hazel Rowley

September 13, *Brooklyn* by Colm Toibin

Mah Jongg Classes with Joanie Fitton, Back by Popular Demand! New Classes Beginning May 1 to August 29, 1:00-3:00 pm. Join the Fun! The Old Lyme Phoebe Griffin Noyes Library will be offering a weekly class on how to play Mah Jongg beginning Wednesday May 1 at 1:00 pm. Mah Jongg is the latest game craze that is gaining in popularity! It is a fun, challenging and competitive game that was brought to America in the early 1920s from China where it originated. It is commonly played by four players using a set of 136 tiles based on Chinese characters and symbols. Mah Jongg is a game of skill, strategy and calculation and involves a certain degree of chance. Learn how to play and focus on the skills that will make you a patient and avid player while keeping

continued on page 35

• *Library continued from page 34* •

the brain active and agile. Enjoy socializing with others in the community while acquiring a new hobby. Beginners and more experienced players are all welcome. Fee is \$10 per person per class. Make checks out to Joanie Fitton. Registration accepted on a first come basis.

White Nose Bay Syndrome. June 7 at 7:00 pm. Co-sponsored by the Potapaug Chapter of the Audubon Society

Midsummer Festival. July 28 9:00 am to 3:00 pm.

Friends of the OLPGN Library at the Lyme Art Association. Annual paperback book sale! All books 50 cents to \$1.00 each. Something for everyone! The Friends tent will be located on the grounds of the Lyme Art Association.

Author Talk and Book Signing by Regina Barreca from 1:30 pm -2:30 pm in the Stillman Gallery at the Lyme Academy College of Fine Arts. Nationally known author, humorist and

University of Connecticut Professor of English, Barreca has been called the funniest woman writer in America. She will read from and talk about her two recent works, *It's Not That I'm Bitter* and *Make Mine a Double*, followed by Q&A. Join us for a laughter filled event! RJ Julia Booksellers of Madison will be on hand to manage book sales.

Hands-On – Minds-On Activities for Kids! 10:00 am – 3:00 pm at the Florence Griswold Museum. Make Your Own Dream Catcher! Join the Children's Services staff who will guide you in "dreaming big" this summer and create a dream catcher to let your dreams flow! Stop in the Library for our summer reading program books. Follow the theme in great reads for summertime enjoyment.

More programs will be added to our schedule in the coming weeks! Check our website at www.oldlyme.lioninc.org for additional listings for the season.

Teen Scene at Old Lyme Phoebe Griffin Noyes Library

"Own the Night" Teens grades 6 and up once registered will receive a "Frequent Reader Card" where they will receive "stamps" for every book read. Participants will be asked to fill out a short book review and rating as well as a brief summary for one of the books they have read. Once they have read 10 books, or received 10 stamps, and completed this review they can turn their cards in for prizes: gift cards for local stores i.e. The Old Lyme Ice Cream Shoppe, The Chocolate Shell, and iTunes. The submitted Frequent Reader cards will be used for a drawing for the Summer Grand Prize. There will only be one Grand Prize winner.

There is an email component to this program designed for those who are not in town over the summer. On the Frequent Reader Card, I will provide my email address asking them to email me with their books read and I will keep track of their statistics electronically, holding their prizes for them as well.

The Teen Scene Summer Reading Program will kickoff with a concert by the Tony Marshall Band where students will have the opportunity to come to the library for a lawn concert and register for the program and receive the program materials. This is to take place on Friday, June 15th from 6:00-9:00 pm at the Old Lyme Phoebe Griffin Noyes Library.

Susie Redman Parodi
Young Adult Librarian/Interim Children's Librarian
sparodi@oldlyme.lioninc.org

Summer Reading Program Registration Day: Pre-K to Grade 12. Saturday June 16, 2012 10:00 am -12:00 pm. Come to the Library Community Room and register for the Old Lyme Phoebe Griffin Noyes Summer Reading Program. Children, Pre-K through Grade 12 are all welcome to be a part of the Summer Reading Program. Receive your frequent reader card and program materials. Learn how to balance summer fun with summer reading at the Old Lyme PGN Library. Details on Children and Teen Summer Reading Program are available within this program listing.

Old Lyme Phoebe Griffin Noyes Teen Scene Teen Advisory Board. "Be Scene and Be Heard". Get active in your library and community by being a part of a blog based Virtual Teen Advisory Board. There are plenty of opportunities for leadership roles, to help with collection development, community outreach, and program planning. Have your opinion heard at the library. In person meetings twice a year are social and fun with ice cream and food. The blog activity runs throughout the year. For more information or to join, please email Young Adult Librarian Susie Redman Parodi sparodi@oldlyme.lioninc.org

Lawn Concert: Friday June 15, 6:00-9:00 pm. Teen Scene Summer Reads Summer Reading program Concert Kickoff featuring : The Tony Marshall Band. Lawn Concert sponsored by the Bring Our Music Back Foundation (B.O.M.B) Bring your own lawn chair or blanket. Sit back relax and enjoy the summer fun. All Ages welcome!

Lawn Concert: Tuesday July 10, 6:00-9:00 pm. Teen Scene Summer Reads Lawn Concert featuring: Silver Hammer sponsored by the Bring Our Music Back Foundation (B.O.M.B) Bring your own lawn chair or blanket and settle in for a night of music and fun! All Ages welcome!

Knot Tying: Friday July 20, 2:00-4:00 pm. Knot Tying with Coast Guard Russ Bowman sponsored by Essex Savings Bank – make a monkey fist knot keychain and nautical knot trivet. Materials will be provided. Snacks will be served. Children entering grades 6 and up are welcome to attend. Registration is required for material planning. Register at www.oldlyme.lioninc.org under the Teen Programs tab, or call the library at 860-434-1684.

Fish Printing: Friday August 3, 2:00-4:00 pm. Fish Printing on T-shirts sponsored by Essex Savings Bank. Using the Japanese tradition of "Gyotaku", or fish printing, use fish and other sea life to make prints on T-Shirts. Children entering grades 6 and up are welcome to attend. Bring your own T-Shirts (no limit), fish and paints will be provided. Registration is required. Register online at www.oldlyme.lioninc.org under

continued on page 36

• *Teen Scene continued from page 35* •

the Teens programs tab or call the library at 860-434-1684.

Lawn Concert: Wednesday August 8, 6:00-9:00 pm featuring the band: Hands Down! Lawn Concert sponsored by the Bring Our Music Back Foundation (B.O.M.B) Bring your own lawn chair or blanket. All ages welcome!

Lawn Concert: Wednesday August 22. Lawn Concert Featuring: Rivergods sponsored by the Bring Our Music Back Foundation (B.O.M.B). Bring your own lawn chair or blanket. All ages welcome!

Children's Events June 2012-August 2012

Dream Big! Old Lyme Phoebe Griffin Noyes Library Children's Summer Reading Program. "Dream Big" Children grades pre-K through Grade 5 once registered will receive a "Frequent Reader Card" where they will receive "stamps" for every book read. Participants will be asked to fill out a short book review and rating as well as a brief summary/draw a picture (age appropriate) for one of the books they have read. Once they have read 10 books, or received 10 stamps, and completed this review they can turn their cards in for prizes: gift cards for local stores i.e. The Old Lyme Ice Cream Shoppe, The Chocolate Shell, and iTunes and bounce passes to Bounce U! The submitted Frequent Reader cards will be used in a drawing for an end of the Summer Grand Prize (still to be determined). There will only be one Grand Prize winner.

There is an email component to this program designed for those who are not in town over the summer. On the Frequent Reader Card, I will provide my email address asking them to email me with their books read and I will keep track of their statistics electronically, holding their prizes for them as well.

Dream Big and read this summer! Read your way to fun!

Susie Redman Parodi

Young Adult Librarian/ Interim Children's Librarian
sparodi@oldlyme.lioninc.org

Summer Reading Program Registration Day: Pre-K to Grade 12 - Saturday June 16, 10:00am - 12:00 pm. Come to the Library Community Room and register for the Old Lyme Phoebe Griffin Noyes Summer Reading Program. Children Pre-K-Grade 12 are all welcome to be a part of the Summer Reading Program. Receive your frequent reader card and program materials. Learn how to balance summer fun with summer reading at the Old Lyme PGN Library. Details on Children and Teen Summer Reading Programs are available within this program listing.

The One You Don't See Coming: STORIES & MUSIC OF SLEEP, DREAMS & STARRY NIGHTS. Friday June 29, 2012 5:30-6:30 pm. A musical interactive family program performed by Mary Jo Maichack, singer-songwriter and storyteller

Find out: Who steals your mind so you can't move or think till morning? Can Biafu and the hunters catch this thief? You'll laugh at this really great African tale.

Wagon of Straw—a Kurdish tale of the Milky Way. We help keep alive stories others have tried to destroy.

Who is the Man in the Moon?—An Asian tale of two brothers, and more stories, songs & audience costume drama for

"dreaming big" for ages 4 to adult. You'll never look at the moon the same way.

Dance an original sleepwalkers' dance, hear haunting and unfamiliar lullabies that WON'T put you to sleep! Wear your p.j.'s and don't miss this great time at your library!

Mary Jo Maichack is a national award-winning singer, storyteller and creative teaching artist whose work has reached an estimated total audience of half a million people. She incorporates stories, songs, dance and theater in all her interactive programs. This program is a great way to introduce children to music and stories from around the world.

Today's Toddlers, Tomorrow's Leaders. Calling all toddlers...Two and three year olds will delight in listening to stories, singing songs, and making crafts. All this free fun takes place in the Community Room. Each program will last for approximately 30 minutes.

The Phoebe Griffin Noyes Library proudly presents an exciting new component to the library's toddler story time called "Today's Toddlers, Tomorrow's Leaders". We wish to introduce young children to Old Lyme's current leaders and to show the importance of reading as part of a successful life. Various community leaders have been invited to be guest readers to share a favorite book and talk about themselves and what they do within the town.

This program will begin May 14, during the toddler story time on Mondays, as well as, on the corresponding Friday throughout the month of May. The series will then continue through Friday, June 15. There will be no story time on Monday, May 28 in honor of Memorial Day.

Guest readers include: **Monday, May 14** - Bonnie Reemsnyder, First Selectwoman. **Friday, May 18** - Alison Zanardi, Director of the Old Lyme Children's Learning Center. **Monday, May 21** - Dr. Elizabeth Osga, Superintendent of L-OL Public Schools. **Friday, May 25** - Patricia Downes, Principal of Mile Creek Elementary. **Friday, June 1** - Ellen Tyler, Principal of Center School. **Monday, June 4** - Susan Ballek, Executive Director of the Lyme Art Association. **Friday, June 8** - Mary Seidner, Director of Lymes Youth Services Bureau. **Monday, June 11** - Mary Jo Nosal, Selectwoman. **Friday, June 15** - Tammi Flynn, Director of Marketing at the Florence Griswold Museum.

Make Your Own Bubble Rocket: Friday July 13, 2:00-4:00 pm. Make Your Own Bubble Rocket. Build your own rocket using paper and fizzing tablets! Watch it lift off, how high will it go? Children entering grades 3-5 are welcome to attend. Materials will be provided. Snacks will be served. Registration is required for material planning. Space is limited. Register at www.oldlyme.lioninc.org under the Children's programs tab, or call the library at 860-434-1684.

Animal Embassy: Tuesday July 17, 5:30-6:30 pm. Dream Big! Night-Time in the Animal Kingdom with Animal Embassy. Join Animal Embassy on this night-time journey through the fascinating night life of the animal kingdom! With this captivating program, we will help children to understand the differences between "nocturnal," "crepuscular" and "diurnal" animals by providing exciting, live examples of each. Library patrons will discover what these amazing creatures do while

continued on page 37

Ask the Jeweler

Get Dressed! ...you'll be late...we have to go in ten minutes...you can't go out looking like that!

Whoa! You mean getting dressed isn't just a matter of covering up with whatever is hanging on the bedpost overnight? No!

Words like "appropriate" sound like you're dealing with a teenager. We can avoid that. "Functional" means boring to some but is a more useful term. Being stylish is a personal issue.

If you're off to work then wearing or not wearing a wedding band makes a statement. It's important. You probably want to look "put together." Guys: A watch, often the only other piece of jewelry that mean wear, can be expensive and/or functional. Ladies: if you push your hair back and see the same earrings that you had on yesterday, you might be seen as...consistent. As with all clothing and accessories, to Get Dressed, means to take that moment to pay attention to enhancing and embellishing details. Just wearing pearls where you normally wear beads can help create a nice finished look.

If you're off to play then wearing or not wearing a wedding band still makes a statement. It's important. Let's consider where "functional" comes into play. If you are involved in moderate to aggressive activity, take off jewelry (especially diamond engagement rings) in mountings that will "catch" easily. Gardeners: if you push your hand into rocky soil, the surface of the stones may become abraded and the mountings can be damaged.

Grandparents: consider babysitting an aggressive activity. Mothers: your children will tug on a long chain around your neck and the sharp edges of some charms can scratch. If you wear jewelry that is both attractive and safe, you can make a strong, positive impression...memories of a "classy" lady as the child gets older.

• *Teen Scene continued from page 36* •

we are tucked tightly in our beds dreaming! Many nocturnal critters have highly developed senses of hearing and smell, and specially adapted eyesight to help them navigate with the light of the moon and the stars...We will explore the nighttime activities and adaptations with live Animal Ambassadors such as a Red-eyed tree frog, a Hedgehog, a Sugar glider, Ball pythons, a Rabbit or a Ferret, a Spotted salamander, a Tokay or Crested gecko, and more!

Children grades K-4 and their families are welcome to attend. Younger siblings are welcome to attend. Children must be accompanied by an adult. Registration is required. Space is limited. Register online at www.oldlyme.lioninc.org under the Children's programs tab or call the library at 860-434-1684.

Make Your Own Stars and Planets Mobile: Tuesday August 14, 2:00-4:00 pm. Make Your Own Stars and Planets Mobile. Using various materials, glitter and glow in the dark paint and stickers, make a mobile that you will love to the moon and back! Materials will be provided. Snacks will be served. Children entering grades K-3 are welcome to attend. Registration is required for materials planning. Space is limited. Register at www.oldlyme.lioninc.org under the Children's programs tab, or call the library at 860-434-1684.

I am writing this column in response to some questions like: Can I wear this gold pendant everyday or is it too dressy? The answer is: that tasteful, coordinated pieces are always fine. A simple diamond drop can be worn with anything. Can I wear my jewelry when I work out? The answer is only yes if you want to visit our repair shop often. Remember that the shank of a ring may be flattened or damaged when using free weights. Light chains are easily broken or you can be hurt if it catches on equipment. It is not a good idea to wear jewelry when you work out.

Get Dressed! "Clothes make the man and women" is a slightly modified statement and hopefully is politically correct. Jewelry has its place too. Guys: the Timex brand you wear when fishing doesn't make it with your tuxedo. Ladies: Costume jewelry has its place...somewhere.

No matter how informal, whatever you are doing, you get a strong positive feeling of being at your best when you...Get Dressed!

Lastly, wearing or not wearing a wedding band makes a statement...it's important.

Neil Gottfried is the owner of Marc Jewelers in Old Lyme. Trained by the Gemological Institute of America with a focus on diamonds, colored stones, pearls and appraising, he has 25 years experience as a retail jeweler.

Have a question you want answered about jewelry? Ask the Jeweler! Mr. Gottfried would be happy to answer your question in an upcoming issue.

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The Temptations Revue
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Wednesday, August 15
Don McLean 40th Anniversary Tour
Opening performance by Christine Ohlman & Rebel Montez

Thursday, August 23
World Famous 17-time Grammy Award Winner
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MUSIC WITH PURPOSE Bring Our Music Back, Inc. is a non-profit organization dedicated to the enrichment of life and healing through music. Our mission is to support burgeoning musical talents, programs and services in our communities by fostering the artistic development of youth preserving music as a viable art form.

Get your tickets today at www.bringourmusicback.org or (860) 434-1882!



Planning for the Future...A Look at Senior Living

Seniors who have an independent lifestyle and want to keep it should take a look at senior living communities. Gone are the days of your grandmother's rest home. Modern communities no longer call themselves "retirement communities" because it gives the image of a "retiring lifestyle." Therefore, we have Senior Living Communities where the emphasis is on life.

Senior living communities provide opportunities to look ahead and enjoy an engaging lifestyle. The burdens of home maintenance disappear allowing time to pursue other interests. Residents live in attractive houses, or apartments. Amenities include dining, housekeeping, fitness center, swimming pool, comfortable community space, and scheduled transportation for those who need it. There is an array of educational opportunities both on and off site. On-site health care is available.

Residents who live in a Life Care Services, LLC senior living communities cite the following four basic benefits:

- **Friendly Social Fabric:** A supportive atmosphere promotes friendships with other residents.
- **Reduced Responsibilities:** Time to explore new interests.
- **Enhanced Health and Well-being:** Easy access to social and educational opportunities, fitness programs and health care.
- **Worry-Free Future:** Living in a safe and protective environment, a welcome relief for residents and their families.

— Marian Bairstow, Marketing Director,
Chester Village West

The Cooley Gallery

Opening May 31st: Ruud Bergmans - Recent Work. An exhibition of colorful abstracts by Old Lyme resident Ruud Bergmans May 31st - June 30th. Opening reception Thursday, May 31st 5 - 8 p.m.

Opening July 7th: Chet Reneson, An American Classic. Fishing, Hunting and Bahamian scenes by nationally recognized sporting artist and Lyme resident Chet Reneson. This



Chet Reneson, Rail Hunting on the Connecticut River, watercolor on paper, 17 1/2" x 27 1/2".



Angie Falstrom, Tiffany Farms at Dawn, watercolor, 3 1/8" x 7 1/8".

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exhibition opens July 7th runs through August 11th. Opening reception Saturday, July 7th 5 p.m. - 8 p.m.

Opening August 8th: Tuesdays, A group show of artists who meet every week: Judy Friday, Angie Falstrom and Jodi Muensch. August 18th through September 15th. Opening reception Saturday, August 18th 5 - 8 p.m.

High Hopes

Volunteers

High Hopes is seeking volunteers 14 years or older to assist with all aspects of our program. No matter your interest or skill, we have a place for you at High Hopes! Love horses? Volunteer by assisting in the riding program as a leader or sidewalker, or help care for our horses. Have office experience? Help file, type, answer phones and more. With special events all year round we always need volunteers to help with planning and supporting our annual June major benefit, our fall holiday market and numerous receptions and demonstrations. If you have experience as a photographer, videographer or IT skills we need you too!

For more information contact Courtney Bernard at cbernard@highhopestr.org or 860-434-1974 ext. 121.

Volunteer Orientation and Training Dates: June 13, June 16, August 8, August 18, September 5, September 15. CONTACT: Courtney Bernard 860-434-1974, ext. 121 or cbernard@highhopestr.org.

Lord Creek Farm Events To Benefit High Hopes and the Connecticut Valley Pony Club

August 19, Lord Creek Farm Horse Trails – Lord Creek Farm,

Lyme, CT CONTACT: Liz Doering 203-687-7217 or ewdoering@yahoo.com.



Sept. 23, Lord Creek Farm Hunter Pace – Lord Creek Farm, Lyme, CT. Contact: Sarah Carlson, 860-434-1974, ext. 115 or scarlson@highhopestr.org.

Community Lessons

Always had an interest in riding or carriage driving? Already ride or drive but want to improve and even try something new? High Hopes will be offering riding and carriage driving lessons to the general public this summer beginning in June. Located on 120 beautiful wooded acres in

Old Lyme, lessons are available at all levels taught by the High Hopes instructor staff. For more information and to schedule a lesson please contact Sarah Carlson at scarlson@highhopestr.org or 860-434-1974 ext. 115.

Lesson dates: June 12-13, June 18-22, August 13-17, August 20-21, August 29-31, September 4-7.

For More Information about volunteering, Lord Creek Farm events or community lessons visit our website www.highhopestr.org. Like us on Facebook <https://www.facebook.com/#!/pages/High-Hopes-Therapeutic-Riding-Inc/69344422992>.

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